



Red Ribbon Week

October 25 - October 29



Red Ribbon Week is the oldest and largest drug prevention program in the nation, reaching millions of Americans during October of every year. Red Ribbon Week serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children. Through a commitment to drug prevention and education and a personal commitment to live drug free lives, the ultimate goal is the creation of a drug free America. During Red Ribbon Week at PALMS, we will focus on teaching students how to make positive, healthy decisions about drugs, alcohol, and bullying.

During this week, PALMS would love to see all students involved in the activities listed below! Red Ribbon Week is all about making positive choices – so let's all show our school spirit! **This year's theme is *Kindness Matters***. Homeroom representatives will keep track of how many students in their homeroom participate in each spirit day activity. Who will be the winning homeroom?

Monday, October 25

Theme: *"School Spirit/Pirate Day"*

- Wear Purple and Gold or Dress like a Pirate to show your PALMS spirit!

Activity: School Spirit Day

Tuesday, October 26

Theme: *"Red Ribbon Day-Send a message. Stay Drug Free!"*

- Wear as much red as you can!

Activity: Students get a free apple at lunch

Wednesday, October 27

Theme: *"Hat Day or Team Jersey"*

- Wear your favorite team's colors!

Thursday, October 28

Theme: *"Neon Day"*

- Outshine bad decisions!

Activity: Dress in your brightest colors

Friday, October 29

Theme: *"Team Unity Day"*

- Wear your mentoring team color!

Activity: Team Unity Day